

WEEK 1

SMALL GROUP GUIDE

HELP!

THE BIG IDEA

God helps us when we're helpless.

THE BIBLE

Moses in a Basket: Exodus 1:22-2:10;
(Matthew 18:19-20)

QUESTIONS

- How did Moses' mother protect him?
- Why did Miriam feel helpless?
- Read Exodus 2:4-7. What great idea did Miriam have?
- How did God help and provide for Miriam and her family?
- When are some times you might feel helpless?
- When you feel helpless, who is the first person you want to talk to?
- What are some ways God helps us when we feel helpless?

ACTIVITY

Sit in a circle and tell everyone to introduce themselves, just to make sure everyone knows each other's names in the group. Then, ask them each to pray for the person to their left.

- We are going to pray for our friends in our groups. The person whose birthday is coming up next will start the prayer circle.
- Your prayer can be as simple as this: "**Dear God, help _____ remember that You are with them when they are helpless.**"
- Thank you for praying for your friends today! I'm sure it's nice to know that you have friends praying for you and who care about you like God cares for you. God always helps us when we are helpless.

MEMORY VERSE OF THE MONTH: Psalm 121:2 (NIV)

My help comes from the Lord, the Maker of heaven and earth.

Looking for sign language? Go to growcurriculum.org/Psalm121-2 and get memorizing!