

# WEEK 4

## SMALL GROUP GUIDE

# HOW TO...

### BIG IDEA

Jesus taught us how to pray.

### BIBLE

**The Lord's Prayer:** Matthew 6:5-15;  
Psalm 32

## QUESTIONS

- Why did Jesus want people to go into a quiet place to pray?
- What are some things Jesus encourages us to pray for?
- What does 'forgive us our debts' mean?
- Read Psalm 32:5-6. What kinds of things is the author of this psalm praying about?
- If you could ask God any question right now what would it be?
- The Bible tells us God knows what we need before we ask. Then why do you think we still pray?
- What are some things you can pray about this week?

## ACTIVITY

Scan QR code to see a picture of how to turn a pool noodle into a card holder. Distribute one card holder and one verse card to each kid. Encourage kids to decorate their card holder with the liquid chalk markers and foam stickers. They can write the Big Idea, draw praying hands, or simply write, "Pray!" Have them insert the verse card into their card holder.



Get creative and feel free to swap out the verse card with a person or thing you want to pray for instead!

**MEMORY VERSE:** "I have set you an example that you should do as I have done for you."  
— John 13:15 (NIV)

[Click here](#) for a memory verse sign language tutorial video you can share with your families and volunteers!

**This, then, is how you should pray:**

**“Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us today our daily bread.  
And forgive us our debts,  
as we also have  
forgiven our debtors.  
And lead us not into temptation  
but deliver us from the evil one.”**

**MATTHEW 6:9–13 (NIV)**

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