

WEEK 1

SMALL GROUP GUIDE

HOW TO...

BIG IDEA

Jesus taught us how to make a difference.

BIBLE

Salt and Light: Matthew 5:13-16;
Isaiah 58:1-12

QUESTIONS

- What did Jesus mean when he said that we are the “salt of the earth” and the “light of the world”?
- What happens if salt loses its flavor or a light is hidden?
- What is the purpose of letting our light shine?
- What are some ways, mentioned in Isaiah 58:9-10, that we can let our light shine?
- What kind of difference do you think Jesus wants you to make?
- Is there anything in your life that’s causing your “salt” to lose flavor or your “light” to shine less brightly? How can you change that?
- Who is someone that’s made a difference in your life? How?

ACTIVITY

Scan QR code to see how to make colored salt. Prepare 4 gallon-sized zip bags with a few cups of salt. Invite your group to make a few different colored salts by squeezing food coloring into each of the bags then mixing them together. Give each kid a light bulb jar and have them stick a Big Idea label to their jar. Have kids fill their jar with salt layers using the funnels and spoons.



Now that you have finished creating your salt and light bulb, where do you think would be a good place for you to put it in your house?

You can place it somewhere you look at often, like a nightstand or window, to remind you that you make a difference because you are the salt and light of the world!

MEMORY VERSE: “I have set you an example that you should do as I have done for you.”
— John 13:15 (NIV)

[Click here](#) for a memory verse sign language tutorial video you can share with your families and volunteers!

I can make a difference by ...

The graphic organizer consists of three rows of two columns each, separated by thick black lines. The top row has a lightning bolt icon positioned between the two columns. The middle row has a thought bubble on the left and a large thought bubble on the right. The bottom row has a speech bubble on the left and a speech bubble on the right.

A RECIPE

FROM THE KITCHEN OF

DIRECTIONS

Step 1. Roll 5 thin spaghetti noodles out of the yellow dough, and place them on the plate.

Step 2. Flatten the red dough to make the sauce, and place it on top of the noodles.

Step 3. Roll 3 meatballs out of the brown dough, and place them on top of the sauce.



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