

# WEEK 2

## SMALL GROUP GUIDE



### BIG IDEA

Jesus calms our fears.

### BIBLE

**An Angel Appears to Mary:**  
Luke 1:26-38, 46b-55; Isaiah 35:1-4

## QUESTIONS

- How did Mary react when she saw the angel, Gabriel?
- What reason did the angel give to Mary about why she was chosen to be Jesus' mother?
- What did the angel say Jesus would be like?
- Read Luke 1:38. What do you think it means to be a servant of God?
- Why do you think Mary stopped being afraid about the message the angel brought her?
- What is one way you normally handle fear?
- In what ways does Jesus calm our fears?

## ACTIVITY

Gather jars with lids, glitter, glitter glue, and food coloring for kids to make their own calming jars (Scan QR code to learn how to make one).



Today's Big Idea reminds us that **Jesus calms our fears**. Let's make our own calming jars to help us remember this Big Idea throughout the week.

Whenever life shakes you up and causes you to be afraid, remember Jesus is there with you. Turn your attention to Jesus instead of your fear, allowing Jesus to calm you down and give you peace and comfort.

**MEMORY VERSE:** "But the angel said to them, 'Do not be afraid. I bring you good news that will cause great joy for all the people.'" — Luke 2:10 (NIV)

[Click here](#) for a memory verse sign language tutorial video you can share with your families and volunteers!

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Luke 2:10

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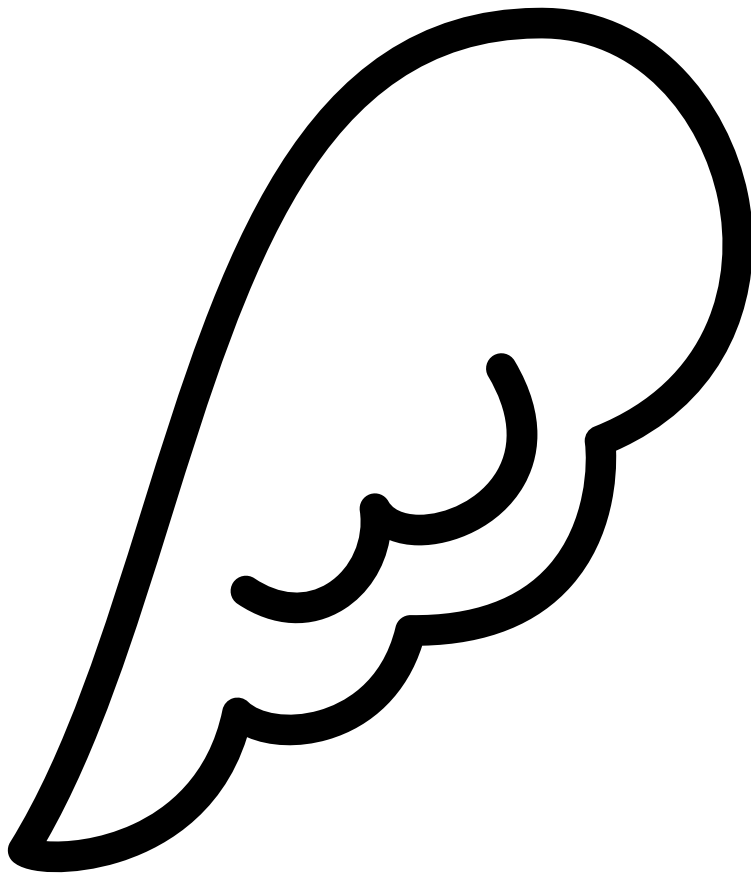
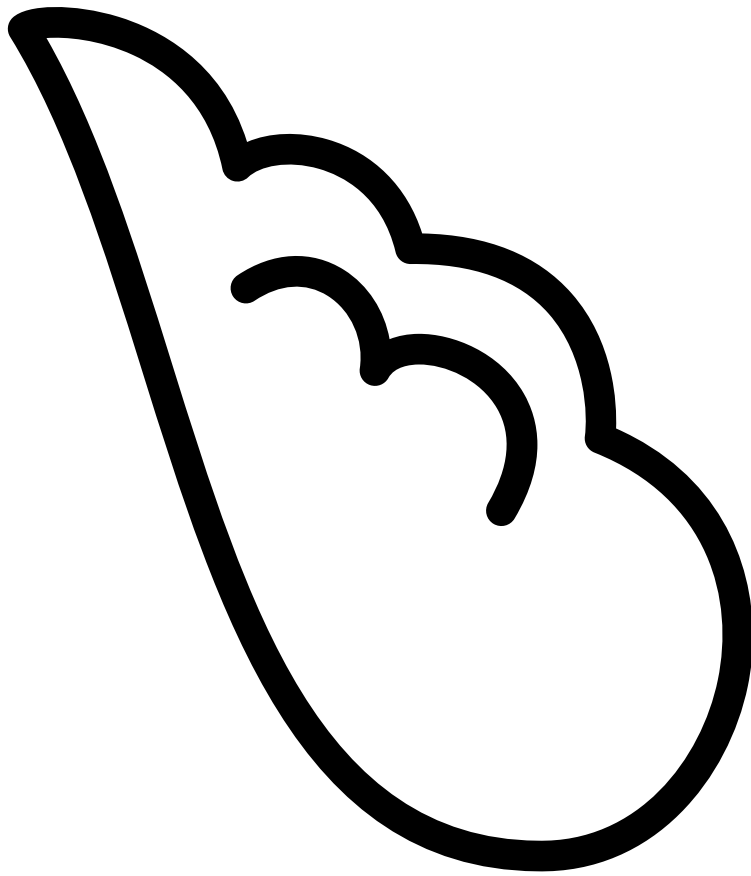
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